

Our Coronavirus Procedures

Updated May 25th, 2020

To Our Salt Room Family,

We wanted to take a moment to let you know that The Salt Room Woodbury team continues to be deeply committed to the health of our clients and staff. We wanted to update you all on our updated procedures & protocols. Fortunately, salt is already anti-bacterial, and anti-fungal making a hostile environment for bacteria and viruses, but we have enhanced our cleaning protocols and safety processes to try and create the safest environment possible.

Many of our clients have respiratory and health concerns and routine Salt Therapy is essential to keeping them well while others practice prevention, immune strengthening and supporting overall wellness. We thank everyone in advance for working to keep The Salt Room Family safe and healthy during these challenging times.

Our COVID-19 Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines, federal OSHA standards related to COVID-19 and Executive Order 20-48.

Enhanced Internal Procedures:

- Masks will be **required** for everyone entering The Salt Room. You will need to wear your mask until seated and your session begins, and then at the end of your session please put your masks back on till you leave The Salt Room.
- Everyone will be asked to either wash their hands with soap for 20 seconds or disinfect their hands upon entering The Salt Room.
- Our capacity per room has been reduced to allow for proper social distancing. This will impact our previous room schedules and usage in both adult, express, and child sessions to try and accommodate all clients safely with reduced capacity.
- All blankets and booties are washed after each session.
- Our check-in area, common areas, and equipment are being wiped down and sanitized numerous times throughout the day.
- Children's toys will be limited at this time.
- Salt rooms are wiped down, sanitized, and vented after every session. Each of our Salt Rooms is equipped with a UVC light that will be used between sessions.
- Each of our staff members have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19 or suspected exposure prior to work and report anything prior to coming to The Salt Room.

Guest Protocols:

We ask that you follow these simple steps to help us maintain a healthy, safe, & sterile environment for everyone while ensuring a best-in-class experience for you.

- Every client will need to sign or acknowledge a specific COVID-19 waiver stating THAT YOU HAVE NOT KNOWINGLY BEEN EXPOSED TO ANYONE WITH COVID-19 IN THE LAST FOURTEEN (14) DAYS, NOR HAVE YOU/FAMILY TESTED POSITIVE FOR COVID-19 IN THE LAST FOURTEEN (14) DAYS, NOR HAVE YOU HAD SYMPTOMS OF COVID-19 IN THE LAST FOURTEEN (14) DAYS.
- Please do not visit if you have experienced a fever in the last 24 hours or are currently experiencing a fever you will be asked to reschedule.
- Please plan accordingly and arrive slightly early to your appointment time. We are requesting upon arrival for guests to wash their hands with soap and water for at least 20 seconds. Avoid touching your eyes, nose, mouth, and face before or after your treatment. Clients arriving too late to practice safe hygiene will be need to be rescheduled.
- Please practice proper Respiratory etiquette: Cover your cough or sneeze with a tissue or sleeve. Both during your session and in public spaces. A normal Salt Therapy session often triggers slight coughing and please be respectful and cover your cough.
- Sessions will be by appointment only. **No WALK-INS will be accepted at this time.** We recommended booking at least one hour before your desired time on-line for the most up to date availability. With our enhanced cleaning protocol the phone might not be as accessible.
- We ask that you do not bring guests to wait in doors while you are in your session. No one will be allowed to wait in the business during your session.
- If you feel sick or are recovering from a recent illness, please let our staff know as soon as possible. We will help you reschedule your appointment.

We appreciate that this may be frustrating, but please know that your health and that of our staff is our top priority. These steps will help ensure a continued safe & effective facility for you and all our guests. We are doing our best to provide you the best service and help you stay well in our facility. We appreciate your willingness to help us and the continued support for respiratory health.

Should you have any questions or concerns, please do not hesitate to contact us.
info@saltroomwoodbury.com

Stay Well,
The Salt Room Family